|  |  |  |
| --- | --- | --- |
| **Finding** | **Peripheral Arterial Disease** | **Chronic Venous Insufficiency** |
| **Edema** | Absent or mild | Present, unilateral, or bilateral |
| **Ulcers** | Well demarcated, often distal leg, dorsum of foot, toes (trauma sites) | Irregular margins, often over anterior shin and medial malleolus |
| **Hair Distribution** | Decreased | No change |
| **Color** | Pallor (acute), dependent hyperemia (chronic), distal gangrene (severe) | Brown-red hyperpigmentation |
| **Nails** | Decreased growth, thickened | Thickened, darkened, onychomycosis |
| **Varicose Veins** | Absent | Present |
| **Muscle Atrophy** | May be present | Difficult to detect due to significant edema |
| **Skin Appearance** | Thin, shiny, atrophic | Thickened, scaly |
| **Temperature** | Cool | No change |